

SUBJECT: INITIAL PATIENT ASSESSMENT/EVALUATION	REFERENCE #3009
DEPARTMENT: REHABILITATION SERVICES	PAGE: 1 OF: 5
APPROVED BY:	EFFECTIVE: REVISED:

POLICY:

Initial patient assessment and evaluation for benefits of rehabilitation services will be performed on all patients referred to the Rehabilitation Services Department by an ordering physician. All assessments/evaluations will be performed by a licensed/registered rehabilitation services professional. Treatment plans will be developed for all patients who are determined to be candidates for beneficial outcome from rehabilitation services.

PROCEDURE:

- Based on an initial assessment and evaluation of the patient’s physical, cognitive, emotional and social status, a rehabilitation treatment plan will be developed and documented in the patient’s medical record.
 - The rehabilitation treatment plan includes the following components:
 - Current clinical condition of the patient, including admitting and current diagnosis;
 - Past medical/surgical history, including medications and previous forms of therapy;
 - Identified reason for rehabilitation services referral;
 - Patient’s personal rehabilitation goals and expectations;
 - Rehabilitation goals and objectives in relationship to activities of daily living, learning and working;
 - Realistic, attainable time frames and measurements for goal/objective accomplishment;
 - Contributing factors related to use of rehabilitation services and goal/objective accomplishment;
 - Development of short-term objectives:
 - ◆ Defined as achievable within days or weeks, dependent upon patient condition;
 - ◆ Functionally related;
 - ◆ Developed with participation from patient/family;
 - ◆ Developed with participation from other members of health care team, as appropriate.

SUBJECT: CEREBROVASCULAR ACCIDENT PROTOCOL	REFERENCE #7011
DEPARTMENT: REHABILITATION SERVICES	PAGE: 1 OF: 6
APPROVED BY:	EFFECTIVE: REVISED:

PURPOSE:

Increase independence in activities of daily living; maximize motor control, sensation and perception; prevent contractures; address swallowing deficits as indicated.

PREREQUISITES:

Physician's order and Occupational Therapy evaluation.

INDICATIONS:

- Clinical findings.
- Criteria for participation includes one or more of the following qualities to be displayed by patient:
 - Inability to perform activities of daily living (ADLs) independently.
 - Inability to perform toilet or tub transfers independently.
 - Inability to perform homemaking tasks independently and/or safely.
 - Cognitive deficits.
 - Visual deficits.
 - Swallowing deficits.
 - Non-functional or weakened upper extremity.
- Patient to be without contraindications.

GENERAL GOALS:

- To increase ADL skills to maximum potential;
- To maximum use of affected upper extremity(s);
- To improve cognitive skills and problem solving abilities needed to perform daily tasks;
- To improve visual skills with a minimum of teaching compensation skills (i.e., decrease one-sided neglect);
- To improve swallowing and feeding skills to maximum potential.

SUBJECT: HYDROTHERAPY	REFERENCE #7013
DEPARTMENT: REHABILITATION SERVICES	PAGE: 1 OF: 2
APPROVED BY:	EFFECTIVE: REVISED:

POLICY:

To ensure proper and consistent whirlpool cleansing and treatment technique. Appropriate sterile conditions will be present to promote optimal wound healing.

PROCEDURES:

- Indications:
 - Wound cleansing of decubiti and other skin lesions.
 - Increase circulation.
 - Decrease pain for increased range of motion.
 - The treatment of infection with whirlpool additives.
- Precautions:
 - Cardiovascular response of patient-immersion in warm water increases blood pressure, thus patients with poor cardiac status or severe hypertension must be closely evaluated for whirlpool candidacy.
 - Use of safety belt while transferring or lifting patient into whirlpool.
 - Temperature of water-circulation and skin condition of the geriatric patient is not as good as the average younger patient and burns occur easily (< 98 degrees F).
 - Patients who are blind, confused or have psychological diagnoses must be kept under continuous supervision.
 - Careful and proper whirlpool cleansing to prevent contamination between patients.
- Treatment Procedures:
 - Pre-Treatment:
 - Clean and sterilize whirlpool as indicated.
 - Fill to appropriate height and temperature.
 - If whirlpool is not used immediately, cover with clean sheet.
 - Add appropriate agent, as prescribed by attending physician, just prior to immersing the patient.

SUBJECT: SPEECH PATHOLOGY EVALUATION PROCEDURES	REFERENCE #8002
DEPARTMENT: REHABILITATION SERVICES	PAGE: 1 OF: 2
APPROVED BY:	EFFECTIVE: REVISED:

POLICY:

The Speech Pathology Department conducts screening and evaluations to diagnose speech, language, oral and pharyngeal sensorimotor competencies in a wide variety of patients.

PURPOSE:

Functional assessment, evaluation and reassessment of each identified patient will be performed in a manner that will insure a comprehensive method of data aggregation, analysis, interpretation and professional recommendation for benefit of the patient.

PROCEDURE:

- Evaluation Process:
 - All physician orders will be initiated within a 24-hour time frame of receipt by the Speech Pathology staff during regularly scheduled department hours of operation. Evaluation and treatments of patients occur in the patient room or in the rehabilitation department.
 - The Speech Pathologist will verify each order for accuracy against the actual physician order written in the medical record. The medical record will be reviewed with relevant information recorded (in a comprehensive format) on the Speech Pathology Evaluation form. A verbal report of the patient’s current status will be obtained from the attending nurse.
 - The Speech Pathologist will determine the most appropriate evaluation, materials and instruments to utilize for the evaluation of the patient as an individual.
- Evaluation Content:
 - Speech/Language/Cognitive Evaluation form will include:
 - Patient demographics;
 - Current and past medical history;
 - Oral peripheral examination;
 - Speech production evaluation;
 - Receptive and expressive language evaluation;

POSITION DESCRIPTION / PERFORMANCE EVALUATION

Job Title: Staff Therapist, Physical Therapy
 Prepared by: _____
 Date: _____

Supervised by: Director of Rehabilitation Services
 Approved by: _____
 Date: _____

Job Summary: Responsible for evaluation, planning, directing and administering physical therapy modalities of treatment as prescribed by a licensed physician. Administers treatments and physical agents as prescribed by a referring physician in an effort to restore function and prevent disability following injury, disease or physical disability. Assists patients to reach their maximum performance and level of functioning, while learning to live within the limits of their capabilities. The staff therapist coordinates, delegates and supervises responsibilities assigned to supportive staff (RCNA, PTA, PTLA, etc.). The staff therapist participates in operational aspects of the department, maintains performance improvement activities within the department and participates in CQI activities. Provides input in formulating budget, assists in evaluating department performance versus budget controls and takes appropriate action to remain in budget guidelines. Ensures that patient changes are accurate and entered on a timely basis. Participates in all infection control, departmental equipment training, organizational safety and fire safety programs.

DUTIES AND RESPONSIBILITIES:

E = Exceeds the Standard M = Meets the Standard NI = Needs Improvement

<u>Demonstrates Competency in the Following Areas:</u>	<u>E</u>	<u>M</u>	<u>NI</u>
Responsible for direction of the Physical Therapy Department certified staff, including Physical Therapy Assistants and Physical Therapy Aides and Restorative CNAs.	2	1	0
Ability to observe and evaluate treatment effect, recommends change to physician as needed.	2	1	0
Ability to perform an appropriate assessment on all patients as related to the therapy requested and provided and reassessments as per policy. This includes neonate, pediatric, adolescent, geriatric patients and the general patient population.	2	1	0
Formulates a teaching plan based upon identified learning needs and evaluates effectiveness of learning, family is included in teaching as appropriate.	2	1	0
Demonstrates knowledge of physical therapy modalities.	2	1	0
Treats patients and their families with respect and dignity. Identifies and addresses psychosocial, cultural, ethnic and religious/spiritual needs of patients and family.	2	1	0
Manages and operates equipment safely and correctly. Maintains department cleanliness and safety.	2	1	0
Interacts professionally with patient/family and involves patient/family in the formation of the plan of care.	2	1	0
Communicates appropriately and clearly to physicians, staff and administrative team.	2	1	0
Coordinates and directs patient care to ensure patients' needs are met and hospital policy is followed.	2	1	0
Maintains records pertinent to personnel and operation of the department.	2	1	0
Demonstrates an ability to be flexible, organized and function under stressful situations.	2	1	0
Maintains a good working relationship both within the department and with other departments.	2	1	0
Consults other departments as appropriate to collaborate in patient care and performance improvement activities.	2	1	0
Documentation meets current standards and policies.	2	1	0
Assists with orientation and inservice training for certified department staff members, participates in guidance and educational programs.	2	1	0